

# An Opinion Paragraph

## Watching Television

I think parents should have rules to keep children from watching too much television. Parents need to make the rules because children won't choose to turn off the set when they are watching programs they like. They forget about the other things they ought to be doing. It's wrong for children to watch television all afternoon and evening instead of doing a good job on their homework. Also, sitting in front of the television and eating snacks is not healthy. I believe that getting exercise and fresh air is much more important than watching television programs. I hope you will think about these reasons and why it is best for parents to limit how much television their children watch.

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